

ATHLETES WITH PHYSICAL IMPAIRMENT

Eligible Impairment Types

The three Paracanoe eligible impairments are marked with *.

Eligible Impairment	Examples of Health Conditions
<p>*Impaired Muscle Power* Athletes with Impaired Muscle Power have a Health Condition that either reduces or eliminates their ability to voluntarily contract their muscles in order to move or to generate force. (Upper limbs excluded)</p>	<p>Examples of an Underlying Health Condition that can lead to Impaired Muscle Power include spinal cord injury (complete or incomplete, tetra-or paraplegia or paraparesis), muscular dystrophy, post-polio syndrome and spina bifida.</p>
<p>*Limb Deficiency * Athletes with Limb Deficiency have total or partial absence of bones or joints as a consequence of trauma. (Upper limbs excluded)</p>	<p>Examples of an Underlying Health Condition that can lead to Limb Deficiency include: traumatic amputation, illness (for example amputation due to bone cancer) or congenital limb deficiency (for example dysmelia).</p>
<p>* Impaired Passive Range of Movement * Athletes with Impaired Passive Range of Movement have a restriction or a lack of passive movement in one or more joints. (Upper limbs excluded)</p>	<p>Examples of an Underlying Health Condition that can lead to Impaired Passive Range of Movement include athrogryposis and contracture resulting from chronic joint immobilisation or trauma affecting a joint.</p>

Paracanoe ineligible physical impairments include:

- Leg Length Difference
- Short Stature
- Hypertonia
- Ataxia
- Athetosis

Other sports offer opportunities for the other physical impairments.