

Paddle UK Adoption of the UK Anti-Doping Rules

The anti-doping rules of British Canoeing are the UK Anti-Doping Rules published by UK Anti-Doping (or its successor), as amended from time to time. Such rules shall take effect and be construed as rules of British Canoeing with the following amendments and supplemental provisions:

Article 11.1 of the UK Anti-Doping Rules is replaced with the following -

11.1 Testing of Team Sports and Crew Boats/Relay Teams

11.1.1 Where more than one (1) member of a team in a Team Sport (e.g., a Canoe Polo team) has been notified of an anti-doping rule violation under Article 7 in connection with an Event, the ruling body for the Event shall conduct appropriate Target Testing of the team during the Event Period.

11.1.2 Where one (1) member of a Crew Boat/Relay Team (outside of Team Sports, e.g., a K4 canoe sprint crew, Rafting R4) has been notified of an anti-doping rule violation under Article 7 in connection with an Event, the ruling body for the Event shall conduct appropriate Target Testing of all members of the team during the Event Period.

Article 11.2 of the UK Anti-Doping Rules is replaced with the following -

11.2 Consequences for Team Sports and Crew Boats/Relay Teams

11.2.1 If more than two (2) members of a team in a Team Sport (e.g. a Canoe Polo team) are found to have committed an anti-doping rule violation during an Event Period, the ruling body of the Event shall impose an appropriate sanction on the team (e.g., loss of points, Disqualification from a Competition or Event, or other sanction) in addition to any Consequences imposed upon the individual Athletes committing the anti-doping rule violation.

11.2.2 An anti-doping rule violation committed by a member of a Crew Boat/Relay team in connection with an In-Competition test automatically leads to Disqualification of the result obtained by the Crew Boat/Relay Team in that Competition, with all resulting Consequences for the Crew Boat/Relay Team and its members, including forfeiture of any medals, points and prizes.

11.2.3 An anti-doping rule violation committed by a member of a Crew Boat/Relay Team occurring during or in connection with an Event may lead to Disqualification of all of the results obtained by the Crew Boat/Relay Team in that Event with all Consequences for the Crew Boat/Relay Team and its members, including forfeiture of all medals, points and prizes.

Definitions, to be added to those in the UK Anti-Doping Rules -

Crew Boat: A sport where more than one paddler is in the same boat during a Competition.

Relay Team: A sport where Teams of paddlers run a course and the result is based on the team's total time.

Annex

Paddle UK Position on Prohibited Substances and Illegal Drugs

This document clarifies that in all competitive disciplines of Paddle UK, prohibited and illegal substances which include the use of recreational/social drugs are banned at all times by Paddle UK and that any breaches will result in disciplinary action.

Paddle UK is committed to upholding the World Anti-Doping Association (WADA) code. Although prohibited substances and illegal drugs are not prohibited at all times under the WADA code, most are illegal to use or possess. Paddle UK wants to prevent the potential damaging consequences to the health and welfare of paddlers, coaches and volunteers and/or of those who regard paddlers and coaches as role models, and also to protect the image, integrity and reputation of the sport.

For the avoidance of doubt, prohibited substances and illegal drugs include use or possession of substances such as GHB, marijuana (cannabis), snus, amyl nitrite ('poppers'), nitrous oxide (laughing gas, 'nangs'), heroin ('gear'), benzodiazepines (sedatives or tranquillisers), legal highs and other recreational/social drugs. This is not an exhaustive list which would include many depressants, stimulants and hallucinogens.

Paddle UK acknowledges specifically that recreational/social drugs such as tobacco and alcohol that are legal are not included within this all time ban. However Paddle UK would expect consumption to be in line with UK law (for example illegal for U18's), conducive to training and performance and appropriate to the role of being an ambassador of Paddle UK.

By signing up to be a part of a Paddle UK competition discipline, squad, selected team, funded WCP or England Talent Programme, athletes and team personnel are agreeing to upholding the boundaries outlined in this policy as ambassadors of our sport.

If anyone has any questions or wishes to further discuss this policy, in the first instance you should contact the Paddle UK Head of Governance.

Our position applies to all athletes engaged in Paddle UK activity regardless of the location of an individual or team in the UK or when travelling abroad. It also expects these principles to be upheld abroad particularly where substances that may be legal in the UK such as alcohol or tobacco are illegal in a destination country. All athletes, team personnel and anyone linked with the a competition discipline are reminded that under the [11 Anti-doping rule violations](#) (ADRV), section 9 - *complicity or attempted complicity applies which is defined as: **Assisting, encouraging, aiding, abetting, conspiring, covering up or any other type of intentional complicity or attempted complicity involving an ADRV or any attempted ADRV.***

In summary, Paddle UK acknowledges that whilst most prohibited substances and illegal drugs are illegal, many are not fully banned by WADA who differentiate between the status of 'In Competition' and 'Out of competition' but for the avoidance of doubt, Paddle UK operates a zero tolerance policy for the health and wellbeing of athletes, coaches, volunteers and the integrity of the sport.