

# Canoe Sprint U23 Selection Policy 2025

## DRAFT FOR PUBLIC CONSULTATION

Please read the executive summary below to understand some of the background to the policy proposals:

The International Panel (IP) shares this draft policy for consultation and welcomes all feedback to help the development of the 2025 policies. **Please feedback on the policy**

**HERE by Midnight on Tuesday 26<sup>th</sup> November 2024** or at:

[https://forms.paddleuk.org.uk/live/form/U23CanoeSprint2025SelectionPolicy/formperma/PbtVh-5Pd90mUZStCUfGYTLYY1Rynzqq7uNMjE\\_vAwg](https://forms.paddleuk.org.uk/live/form/U23CanoeSprint2025SelectionPolicy/formperma/PbtVh-5Pd90mUZStCUfGYTLYY1Rynzqq7uNMjE_vAwg)

Please take time to tell us what you like about the policy as well as dislikes, errors or omissions as if you don't tell us that you like it, we may change aspects in response to feedback. The policies have been derived from feedback on previous policies and a further evolution of how best to support the Sprint Performance strategy and enable further evolution of the National regattas. Thank you in advance for reading and providing feedback.

**An executive summary here that explains some background rationale behind the proposals in the draft policy:**

- Selection to race for U23 GBR Teams in 2025 will be by 'first past the post' at the selection regatta on 31st May/1st June 2025 keeping the 'first past the post' for at least one season to allow focus on senior crew boat process and consider how it works/any adjustments needed before rolling out to U23's.
- Selection for U23 World and European Championships in 2025 is proposed to be as follows:
  - Individual Boats will be selected at the selection regatta on 31st May/1st June 2025.
  - Crew Boats will be selected to a crew boat pool from the April 2025 Selection regatta in order to reflect the senior pool criteria/crew boat process before competing for team place(s) on 31st May/1st June 2025. This also acknowledges that some U23's will be competing for senior & U23 places.
- Performance Standards will be applied in all selections. In addition the selection of reserves will be referenced to the same performance standard as the selected athletes as the previous system did not reflect how close the selected athlete was to world leading time (WLT).

-Start of Policy-

All athletes wishing to be considered for U23 Team selection during 2025 should complete the online registration document by Sunday 16<sup>th</sup> March 2025 [here](#) or link: *(This will be available from January 2025)*

**Athletes wishing to contact the IP in relation to the relevant provisions in this policy should do so via email to [enquiries.internationalpanel@paddleuk.org.uk](mailto:enquiries.internationalpanel@paddleuk.org.uk)**

## SECTION A: PURPOSE AND PRINCIPLES

### 1. Purpose

The purpose of the Canoe Sprint selection policy is to clearly outline the processes which will lead to the selection of the GBR U23 Canoe Sprint Teams for all 2025 international events named within this policy. It also aims to support the longer-term goals of the sprint strategy to 2028.

### 2. Principles

- 2.1. The primary focus of National Team Selection will be to optimise performance across Olympic and non Olympic events.
- 2.2. The Selection Policy seeks to provide a progressive competition pathway for U23 athletes to gain international experience, provide learning opportunities and to deliver performances in a staged approach.
- 2.3. The Selection Policy seeks to select the best athletes/crews in a transparent way that prioritises crew boat selection by selecting athletes to a pool in which crew boat formations can be recommended. Entry into pools will be via a transparent process.
- 2.4. Selection will be based on results in identified selection races and subject to, an assessment of performance standards and all eligible athletes will be considered equally for selection against the stated selection criteria regardless of club, training location, age, Home Nation and programme status.
- 2.5. Selections will be made in alignment to, and in support of, targeted events and boat priorities identified by the IP's Competition Strategy.
- 2.6. Where U23 athletes/crews are also eligible for senior teams, the IP reserves the right to prioritise competitions and select as appropriate to ensure appropriate periodisation.

## SECTION B. ELIGIBILITY AND PERFORMANCE STANDARDS

### 3. Eligibility

- 3.1. To be eligible to be selected to any 2025 GBR Team, athletes/crews must meet the following conditions (full detail can be found in Paddle UK's [Eligibility Policy](#)):
  - 3.1.1. Meet age and nationality criteria for international competitions as outlined below
  - 3.1.2. Be a full member of Paddle UK or Home Nation Association that enables participation in competition
  - 3.1.3. Athletes on a funded programme need to have signed their Programme Athlete Agreement. Athletes outside Programme funding will also be expected to sign up to the Paddle UK Great Britain Team participation agreement on accepting selection at least two weeks before travelling to the first competition as well as settling any outstanding payments prior to travel.
- 3.2. Where athletes compete in more than one eligible selection event, the policy will be applied in isolation for each specific event.
- 3.3. Paddle UK reserves the right to deselect an athlete who has been found guilty of a disciplinary offence under Paddle UK/ICF rules. This includes doping offences.

### 4. International Eligibility

- 4.1. Selection will be subject to eligibility in accordance with competition rules laid down by the International Canoe Federation (ICF) and the European Canoe Association (ECA).
- 4.2. The first year an athlete can compete at World and European Senior/U23/Junior Championships is the year of their 15<sup>th</sup> birthday.
- 4.3. The last year an athlete can compete at World and European U23 Championships is the year of their 23<sup>rd</sup> birthday.

### 5. Performance Standards

The International Panel (IP), will apply a performance standard for all selections under this policy to ensure athletes/crews are of the appropriate level for the competition they are being considered for. The detail of the application of performance standards can be found in **Appendix A**.

## SECTION C: GREAT BRITAIN SPRINT SENIOR TEAM SELECTION 2025

### 6. U23 Team Selection Overview

- 6.1. Selection to race for U23 GBR Teams in 2025 will be by 'first past the post' at the selection regatta on 31st May/1st June 2025.
- 6.2. Selection for U23 World and European Championships in 2025 will be as follows:
  - 6.2.1. Individual Boats will be selected at the selection regatta on 31st May/1st June 2025.
  - 6.2.2. Crew Boats will be selected to a crew boat pool from the April 2025 Selection regatta in order to reflect the senior pool criteria/crew boat process before competing for team place(s) on 31st May/1st June 2025.
- 6.3. Performance Standards will be applied in all selections as outlined in Appendix A. In addition the selection of reserves will be referenced to the same performance standard as the selected athletes.

### 7. 2025 U23 Sprint International Competitions and Selection Announcements

Announcements by the IP of selections made at identified selection regattas will be as per Table 1:

**Table 1**

Event Type	Competition/Regatta	Venue	Date	Date of IP Announcement
Selection	Athlete Pool confirmed for U23 Euro & World Championship Crew Boat Process	Holme Pierrepont	12 <sup>th</sup> /13 <sup>th</sup> April 2025	On <a href="http://www.paddleuk.org.uk">www.paddleuk.org.uk</a> by 5pm Friday 18 <sup>th</sup> April 2025
Selection	Crew Boat combinations confirmed for June Selection Regatta	-	TBC	TBC
Selection	U23 European and World Championships	Holme Pierrepont	31st May-1st June 2025	On <a href="http://www.paddleuk.org.uk">www.paddleuk.org.uk</a> by 5pm Friday 6th June 2025
International	<b>U23 European Championships</b>	<b>Pitesti, ROM</b>	<b>3- 6th July 2025</b>	<b>N/A</b>
International	<b>U23 World Championships</b>	<b>Montemor, POR</b>	<b>23-27th July 2025</b>	<b>N/A</b>

### 8. Canoe Sprint U23 Crew Boat 'pool' selection

- 8.1. Entry to the pool does not guarantee that an athlete will compete at the U23 European or World Championships.
- 8.2. The 'pool' will be created through a combined ranking in singles events only and full detail can be found in **Appendix C**.
- 8.3. In Men's kayak events this will be based on a 1000m, 500m and 200m events Up to 10 athletes may be selected to the 'pool' subject to assessment of performance standard.
- 8.4. In Men's canoe events this will be based on a 1000m, 500m and 200m events. Up to 4 athletes may be selected to the 'pool' subject to assessment of performance standard.
- 8.5. In Women's kayak events this will be based on 500m and 200m events. Up to 10 athletes may be selected to the 'pool' subject to assessment of performance standard.
- 8.6. In Women's canoe events this will be based on 500m and 200m events. Up to 4 athletes may be selected to the 'pool' subject to assessment of performance standard.
- 8.7. Once selected to a 'pool' entries to the June selection regatta will be confirmed by a coaching decision. The process for this is set out in **Appendix B**.

### 9. 2025 Canoe Sprint - U23 European and World Championships Team Selection

- 9.1. Subject to 9.2 and an assessment of performance standard, the highest ranked available boats in the events in Table 2 at the June 31st May/1st June Regatta will be selected to the U23 European and World Championship team.
- 9.2. Entries for the mixed relay/5k relay will be nominated from the selected team in priority order of the longer distance.
- 9.3. In the unanticipated event of the inclusion of K1 5000m events, the International Panel will explore opportunities with the Marathon Committee to identify an appropriate selection process that also reflects the format of the race to which the selection is for (e.g. with/without portages). A clarification will be made within 6 weeks of any selection race.
- 9.4. Where athletes/crews have been selected for multiple events, they and/or their coach will be asked to confirm which events they would like to be considered for and a prioritisation of these events prior to the relevant IP meeting. In this situation, an athlete will be guaranteed selection in their first priority boat only. If an athlete wishes to be considered for multiple events the IP will at its sole discretion make a decision on which event(s) the athlete is selected for.

TABLE 2

Men		Women	
Kayak	Canoe	Kayak	Canoe
K1 200m*	C1 200m*	K1 200m	<b>C1 200m</b>
K1 500m	C1 500m	<b>K1 500m</b>	C1 500m
<b>K1 1000m</b>	<b>C1 1000m</b>	K1 1000m	C1 1000m
<b>K2 500m</b>	<b>C2 500m</b>	<b>K2 500m</b>	<b>C2 500m</b>
K2 1000m	C2 1000m		
K4 500m		<b>K4 500m</b>	
*only available for selection to the Junior European Championships			
Events list subject to confirmation by ECA/ICF. In single Boats, up to 2 athletes and in crew boats, up to 1 crew finishing within the performance standard will be named as a reserve for the European and World Championships.			

### 10. General Provisions

- 10.1. The IP reserves the right not to nominate, or to de-select for any international event, any individual or crew athlete or reserve on the following grounds:
- 10.1.1 Medical grounds – i.e. when an injury/illness may, in the reasonable opinion of the IP, inhibit the achievement of appropriate performance and/ or mean the athlete cannot reasonably be considered fit to travel; or
- 10.1.2 Suitability as a team member, where for example (but not limited to) an athlete's behaviour or attitude leads the IP to determine in its reasonable opinion that the selection of such athlete would be inappropriate; or
- 10.1.3 Poor form – i.e., when an athlete's form in events and/or training has decreased to such a level that, in the reasonable opinion of the IP, they would no longer be able to achieve the required level of performance to be competitive at the applicable competition(s).
- 10.2. Any decisions taken in accordance with 10.1 will only be made following consultation with the athlete, appropriate BC coaches and/or medical reports and in the case of 10.1.3. include reference to applicable performance standards.
- 10.3. Following the selection of a crew boat to the World Cup or European Championships, the Paddle UK Senior Podium Coach must propose any changes to the composition of the crew due to injury, illness, poor performance or other circumstance to the IP who will consider the circumstances and determine an appropriate process to follow.
- 10.4. The Paddle UK Senior Podium Coach has discretion to use events within any international event within this policy, that are unfilled for further start line opportunities that do not otherwise compromise performance. This must be communicated to the Chair of the IP in advance of the nominal entry deadline for the event.
- 10.5. A non-travelling reserve may be named in each individual event based solely on position in the identified selection race where performance standards have been achieved. In order of selection, named reserves will only travel in the event of injury or illness to a selected athlete or where a place(s) is declined.
- 10.6. Selection is conditional upon selected athletes on a funded programme having signed their Programme Athlete Agreement and completed a full medical disclosure and the fit to travel process. Athletes outside Programme funding will also be expected to sign up to the Paddle UK Great Britain Team participation agreement on accepting selection at least two weeks before travelling to the first competition, completing the full medical disclosure and fitness to travel process and settle any outstanding payments prior to travel.

### 11. 2025-2026 Advanced Information

- 11.1. 2026 Selection Policies - The IP will publish the 2026 U23 Selection Policy by 31<sup>st</sup> Dec2025.

## SECTION D: CONTINGENCY AND EXCEPTIONAL CIRCUMSTANCES

### 12. Contingency

- 12.1. The IP retains the right to implement contingency measures where circumstances arise that prevent full, fair and competitive racing and adapt racing to ensure as fair a selection process as possible. This may include circumstances such as weather conditions and Covid-19 implications.

- 12.2. The IP will monitor weather conditions in advance of, and during a selection race, and has a process for communication of real-time information in this regard.
- 12.3. If weather conditions or other significant issues arise rendering it inappropriate or impossible to conduct a selection race during or, in advance of competition, the IP may declare that a race(s) will not be used for selection and invoke one or more of the following non-exclusive alternatives:
  - 12.3.1. Rescheduling of any affected selection race(s) to early morning/ evening racing within the same regatta (if scheduling and weather conditions permit).
  - 12.3.2. Rescheduling of any affected selection races to an alternative competition (if appropriate)
  - 12.3.3. Rescheduling to a reserve date if available and appropriate.
  - 12.3.4. Amending lane draw for direct comparability of performances
  - 12.3.5. Seeding into a straight final to create flexibility to target better conditions.
  - 12.3.6. The IP reserves the right to put 2 or more athletes/crews in adjacent lanes to minimise differences caused by weather conditions.
  - 12.3.7. Using the results of a selection race to determine a top 3 who will then be invited to a race off in better conditions as determined by the IP.
- 12.4. Any decision made under these provisions of the policy will be made by a minimum of two IP Members and where possible, in consultation with the chief official.
- 12.5. All IP announcements relevant to contingencies will be posted on [www.paddleuk.org.uk](http://www.paddleuk.org.uk). During competitions, important information will be posted at race control on the live results messaging, on the Paddle Uk social media or messaging App.

### 13. Exceptional circumstances

- 13.1. Should an athlete miss a Selection event due to illness or injury during, or prior to, elements of the 2025 selection process; or have any other exceptional circumstances, the IP reserves the right to provide an opportunity for such a boat to be eligible for selection. For the purposes of this clause, exceptional circumstances are unplanned, unexpected, unavoidable and unforeseen.
- 13.2. Where an athlete wishes to invoke this clause, exceptional circumstances requests should be directed to the IP prior to the commencement of the selection competition via email at [enquiries.internationalpanel@paddleuk.org.uk](mailto:enquiries.internationalpanel@paddleuk.org.uk) and should provide:
  - 13.2.1. Certificated evidence of illness or injury, or other significant exceptional circumstance.
  - 13.2.2. Any evidence the athlete wishes the IP to consider which demonstrates in both training and racing, a superior performance level than other selected athletes.
- 13.3. To be considered for exceptional circumstances for the 2025 U23 World & European Championships, an athlete must be able to demonstrate the following performance level:
  - 13.3.1. Achieved an A final in an Olympic Event at the 2024 World U23 Championships. When considering whether an athlete meets the criteria outlined above, the IP will consider the following:
    - 13.3.2. The athlete's training and racing profile (from GBR performance analysis data);
    - 13.3.3. ICF World Ranking, Performance at Olympic, Senior World Championship, Senior European Championship and/or World Cup races within the previous 24 months.
- 13.4. To be considered for exceptional circumstances for the 2025 U23 crew boat 'pool', an athlete must be able to demonstrate the following performance level:
  - 13.4.1. Any performance set out above in section 13.3.1. or selection to an U23 National Team in 2024 in an Olympic event. When considering whether an athlete meets the criteria set out in 13.3, the IP will consider the athlete's training and racing profile (from GBR performance analysis data).
- 13.5. Where the IP accepts an exceptional circumstance request following the process detailed above, the IP reserves the right to:
  - 13.5.1. Identify a single race opportunity whereby the lowest ranked boat that has been selected and the identified athlete(s) would compete for a GBR Team place. If this situation arises more detail would be provided following the IP meeting immediately after the appropriate Selection race series.
  - 13.5.2. Where no athlete has been selected for the relevant event under this policy, accept the exceptional circumstances and select the athlete;
  - 13.5.3. Substitute the selection of the athlete under this policy with the selection of the athlete making the exceptional circumstances request
- 13.6. All decisions under this Clause that relate to injury, illness (including Covid-19) or medical conditions will be determined by the IP members. When assessing if an athlete is fit to race, the decision of the IP is final.

**13.7. The IP has the sole discretion to invoke the provisions in this clause and any decision is final and not subject to appeal.**

## **SECTION E: GENERAL INFORMATION**

### **14. Responsibility**

The Canoe Sprint IP (IP), which is appointed by and reports to the Board of Paddle Uk, is responsible for all aspects of developing, approving and managing the implementation of the Canoe Sprint selection policies. The Terms of Reference can be found [here](#).

### **15. Conflicts of Interest**

Any member of the IP shall declare any conflicts or potential conflicts of interest and shall refrain from participation in the discussion of and any vote in respect of any selection matter in which they have a material conflict of interest. If a person has any queries in this area, they should consult the Paddle Uk Head of Governance.

### **16. Policy Changes**

- 16.1. The selection policy may be amended at any time by Paddle Uk for one or more of the following circumstances:
- 16.1.1. Any changes in rules governing a particular event;
  - 16.1.2. Any change in ICF eligibility, rules or programme of events;
  - 16.1.3. To give effect to the selection process in case of a drafting error or oversight
  - 16.1.4. To clarify any ambiguity to the intended meaning of the selection policy
  - 16.1.5. Any other reason determined by Paddle Uk at its total discretion that is in the best interest of Paddle Uk and in line with the principles outlined for selection
- 16.2. Any changes will be communicated on [www.paddleuk.org.uk](http://www.paddleuk.org.uk)

### **17. Appeals Procedure**

- 17.1. Certain decisions made throughout this Policy are not subject to appeal and where this is the case, specific reference will be made to the decision being final. For other selection decisions made under this Policy, the Paddle Uk appeals process applies and this procedure can be found [here](#).
- 17.2. UK Sport funded World Class Programme athletes who require support and advice can contact the BEAA at [support@britishathletes.org](mailto:support@britishathletes.org). Any athletes who have questions regarding the selection decision may contact the International Panel [enquiries.internationalpanel@paddleuk.org.uk](mailto:enquiries.internationalpanel@paddleuk.org.uk). Any athletes who have questions regarding the appeals process may contact [appeals@paddleuk.org.uk](mailto:appeals@paddleuk.org.uk).

### **18. Data Protection**

- 18.1. Paddle Uk is a privacy conscious organisation and is strongly committed to an individual's right to privacy. All data gathered during the selection process will only be utilised for the purposes of an athlete's participation in a GBR Canoe Sprint Team. This may include administering their event/race entry and certain information may be published as part of the results and rankings of the event/race.
- 18.2. Any personal data will be processed and stored in compliance with the Paddle Uk Data Protection Policy and in accordance with all applicable Data Protection laws in effect at the time of publication of this Selection Policy, including but not limited to, the Data Protection Act 2018 and UK GDPR.
- 18.3. Further information on Paddle Uk's approach to privacy and data protection, including Paddle Uk's privacy notices, policies and contact details, can be located in their [Privacy Centre](#). Should an athlete wish any data Paddle UK hold relating to them to be deleted at any point; they should contact Paddle Uk at [GDPR@paddleuk.org.uk](mailto:GDPR@paddleuk.org.uk).

### **19. Policies**

This Selection Policy operates in conjunction with all relevant Paddle Uk policies including but not limited to, Equality, Anti-Doping Policy, Pregnancy, Safeguarding, Anti-Bullying Policy, Covid Vaccination Policy and Anti-Bribery Policy.

### **20. Communications**

Paddle Uk is committed to providing open and informative communication in relation to selection. All athletes will receive formal confirmation of the selection and for those athletes who wish to discuss the outcome of decision made by the IP, the Chair of the IP will be available to speak informally to athletes and in the case of minors, parents.

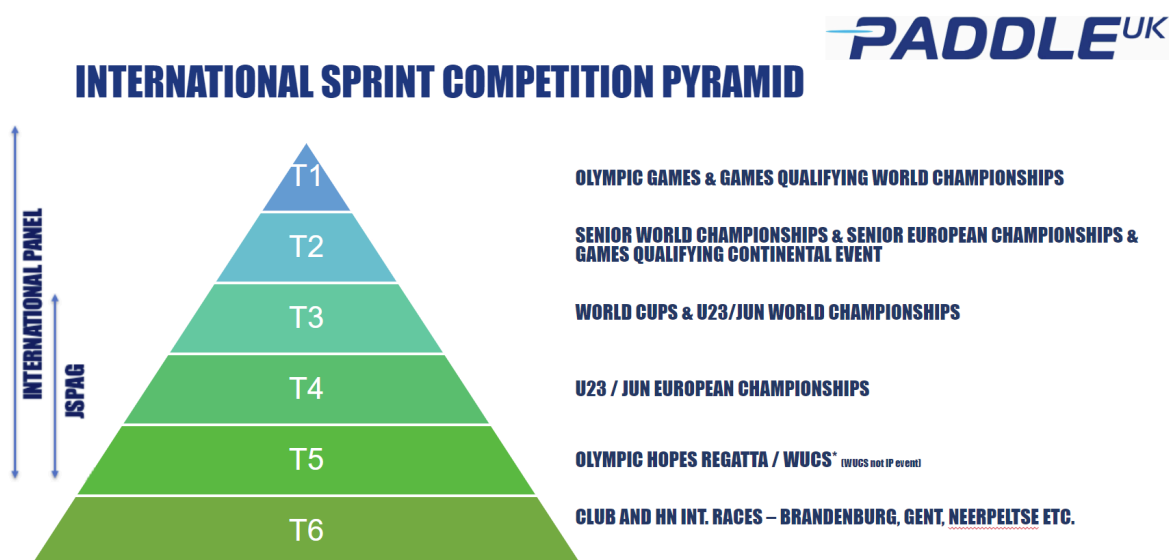
**21. Force Majeure**

“Force Majeure” means any act, event, omission, cause or circumstance not within the reasonable control of Paddle UK or the race organisers, including but not limited to any strike, lockout or other industrial action, any civil commotion or disorder, riot, invasion, war or terrorist activity or threat of war or terrorist activity, any action taken by a governmental or public authority of any kind (including, without limitation, not granting a consent, exemption, approval or clearance), any fire, explosion, storm, flood, earthquake, subsidence, epidemic or other natural physical disaster. In the event of such Force Majeure affecting the application of the policy, the IP shall have the sole discretion, in consultation with the Paddle UK Head of Governance, to make a decision in line with the principles, strategy and mission of this selection policy.

**-End of Policy-**

## Appendix A – International Panel Strategy & Decision Making Process Guidance & Performance Standard Data 2025

The following document sets out further information on why the IP differentiates its selection on an event by basis. Selection policies are not formed in isolation and as such a function of the IP and its selection policies are to support the strategic aims of the sport set out in the Canoe Sprint Strategy 2022-2028. Of particular importance to the IP is that selection policies support the development of crew boats and that stage and age appropriate competitions are provided to support the development of paddlers. To support this the IP works to the following competition pyramid when making its decisions.



### Performance Standards

The IP acknowledges that the standard of all international events is now extremely high and this tiering system does not intend to downgrade any athletes achievements in being selected for a GBR team. The aim of the tiering system is to create guidance in how performance standards should be applied to ensure that paddlers have the opportunity to get the appropriate exposure for their stage of development. Based on the tier system the IP would place a lower performance standard on selection for U23/JUN Europeans so that a wider range of athletes can get experience of racing at a championship event whilst maintaining a higher performance standard for the U23/JUN Worlds which takes into account an increased depth of field and therefore more challenge in moving through the rounds of racing.

### Crew Boat and Squad Formation

The majority of Olympic Events are now crew boats and as such the IP has taken steps to form selection in a way that supports the development of crew boats. Most commonly this takes the form of a 'pool' structure where paddlers gain entry to a 'pool' and are then able to develop crew boats over a period of time. This is based on two points. As a nation we need to bring our best paddlers together in order to make our best crews. We need to facilitate as much time as possible in crew boats to build the required skills and experiences to support performance development.

As per section 5, Performance Standards will be applied to all performances considered under the selection policy. This is to ensure a level of consistency to selections across classes and that all athletes are selected for the appropriate level of competition.

The process for how performance standards will be applied:

1. The IP agrees the standard of the team as expressed as a minimum performance level. E.g., Ability to achieve a B final or better. In the case of 5000m events this is a capability to challenge for a top 5 position.
2. The IP collects all times from the relevant selection regatta and collates the % difference to World Leading Time for each event. Where data may not be available (e.g. 5000m) the IP will use comparable data to establish the level of performance demonstrated.
3. The IP collects weather information from the relevant selection regatta through the event.



4. The IP then uses available information to agree where the % of WLT will be set for that selection event, taking into account the above points.
5. The IP may adjust the standard applied to selections to reflect changing conditions during the regatta and the performance impact of conditions on different events.
6. The IP may adjust the standard applied for a particular event to reflect the most recent knowledge of performances within that event.

*Whilst this process relies on objective data it is acknowledged that these decisions are ultimately subjective in nature.*

The objective data used as guidance in decision making for the IP is shown in Table A and Table B below.

**Table A** shows the Senior, U23 and Junior WLTs and the % difference between the Senior WLT and U23 and Junior WLTs. A comparison of the % differences can be used as part of the process to understand the performance standards.

**Table B** shows reference selection ranges for senior, U23 and juniors that will be used as a starting point to agree the performance standard of the relevant team being selected. HPP course record times are also shown as an additional reference for the determination of appropriate performance standards.

Note: For events not included in the table below (for example 5000m events), The International Panel will make an assessment of performance particularly in events where there are 5 entries or less and may require supportive evidence to be submitted to the IP by the winning athlete ahead of the selection meeting.

**Table A**

Event	Senior WLT*	U23 WLT*	U23 % of Senior WLT	Junior WLT*	Junior % of Senior WLT
K1W 200m	00:38.93	00:40.41	103.6	00:41.44	106.1
K2W 200m	00:36.47	00:41.74	112.6	00:42.88	114.9
K1W 500m	01:47.63	01:50.90	102.9	01:53.60	105.3
K2W 500m	01:37.65	01:42.60	104.8	01:44.40	106.5
K4W 500m	01:30.12	01:33.91	104.0	01:36.40	106.5
K1W 1000m	03:53.54	03:58.60	102.1	04:00.90	103.1
K1M 200m	00:34.01	00:34.70	102	00:35.86	105.2
K2M 200m	00:31.00	00:32.15	103.6	00:33.24	107.0
K1M 500m	01:35.96	01:38.50	102.6	01:40.03	104.1
K2M 500m	01:27.64	01:30.55	103.2	01:32.53	105.3
K4M 500m	01:18.57	01:20.66	102.6	01:23.39	105.8
K1M 1000m	03:24.00	03:29.86	102.6	03:34.10	104.5
K2M 1000m	03:07.90	03:12.83	102.6	03:16.96	104.6
C1W 200m	00:45.35	00:47.29	104.1	00:48.79	107.1
C2W 200m	00:43.55	00:45.25	103.8	00:45.99	105.3
C1W 500m	02:05.99	02:10.63	103.6	02:12.24	104.7
C2W 500m	01:55.42	01:59.67	103.6	02:02.69	105.9
C1M 500m	01:46.75	01:50.66	103.5	01:53.30	105.8
C2M 500m	01:38.37	01:41.34	102.9	01:44.64	106.0
C1M 1000m	03:46.21	03:53.81	103.3	03:56.27	104.3
C2M 1000m	03:27.33	03:34.59	103.4	03:39.29	105.5

\*The WLT is the average of the 40 best times recorded at international level competition.

Event	Senior WLT Time	WLT Time (in seconds)	1%	2%	3%	4%	5%	6%	7%	8%	9%	10%	11%	12%		
			Senior Championships A and B final standard- Good Conditions* in HPP, Nottingham													
<b>TABLE B</b>			U23 Championships A and B final standard- Good Conditions* in HPP, Nottingham													
									Junior Championships A and B final standard- Good Conditions* in HPP, Nottingham							
K1W 200m	00:38.93	38.93	39.32	39.71	40.10	40.49	40.88	41.27	41.66	42.04	42.43	42.82	43.21	43.60		
K2W 200m	00:36.47	36.47	36.84	37.20	37.57	37.93	38.29	38.66	39.02	39.39	39.75	40.12	40.48	40.85		
K1W 500m	01:47.63	107.63	108.71	109.78	110.86	111.94	113.01	114.09	115.16	116.24	117.32	118.39	119.47	120.55		
K2W 500m	01:37.65	97.65	98.63	99.60	100.58	101.56	102.53	103.51	104.49	105.46	106.44	107.42	108.39	109.37		
K4W 500m	01:30.12	90.12	91.02	91.92	92.82	93.72	94.63	95.53	96.43	97.33	98.23	99.13	100.03	100.93		
K1W 1000m	03:53.54	233.54	235.88	238.21	240.55	242.88	245.22	247.55	249.89	252.22	254.56	256.89	259.23	261.56		
K1M 200m	00:34.01	34.01	34.35	34.69	35.03	35.37	35.71	36.05	36.39	36.73	37.07	37.41	37.75	38.09		
K2M 200m	00:31.00	31.00	31.31	31.62	31.93	32.24	32.55	32.86	33.17	33.48	33.79	34.10	34.41	34.72		
K1M 500m	01:35.96	95.96	96.92	97.88	98.84	99.80	100.76	101.72	102.68	103.64	104.60	105.56	106.52	107.48		
K2M 500m	01:27.64	87.70	88.58	89.45	90.33	91.21	92.09	92.96	93.84	94.72	95.59	96.47	97.35	98.22		
K4M 500m	01:18.57	78.57	79.36	80.14	80.93	81.71	82.50	83.28	84.07	84.86	85.64	86.43	87.21	88.00		
K1M 1000m	03:24.37	204.37	206.41	208.46	210.50	212.54	214.59	216.63	218.68	220.72	222.76	224.81	226.85	228.89		
K2M 1000m	03:07.90	187.90	189.78	191.66	193.54	195.42	197.30	199.17	201.05	202.93	204.81	206.69	208.57	210.45		
C1M 500m	01:46.75	106.75	107.82	108.89	109.95	111.02	112.09	113.16	114.22	115.29	116.36	117.43	118.49	119.56		
C2M 500m	01:38.37	98.37	99.35	100.34	101.32	102.30	103.29	104.27	105.26	106.24	107.22	108.21	109.19	110.17		
C1M 1000m	03:46.21	226.21	228.47	230.73	233.00	235.26	237.52	239.78	242.04	244.31	246.57	248.83	251.09	253.36		
C2M 1000m	03:27.33	207.33	209.40	211.48	213.55	215.62	217.70	219.77	221.84	223.92	225.99	228.06	230.14	232.21		
C1W 200m	00:45.35	45.35	45.80	46.26	46.71	47.16	47.62	48.07	48.52	48.98	49.43	49.89	50.34	50.79		
C2W 200m	00:43.55	43.55	43.99	44.42	44.86	45.29	45.73	46.16	46.60	47.03	47.47	47.91	48.34	48.78		
C1W 500m	02:05.99	125.99	127.25	128.51	129.77	131.03	132.29	133.55	134.81	136.07	137.33	138.59	139.85	141.11		
C2W 500m	01:55.42	115.42	116.57	117.73	118.88	120.04	121.19	122.35	123.50	124.65	125.81	126.96	128.12	129.27		

	Senior Course Records at HPP, Nottingham
	Junior Course Records at HPP, Nottingham. Note: Where course records are not noted they are outside of 112% of WLT.
*Good Conditions are defined as a tail wind of between 1-2.5m/s, water temperature of 18 °C.	

## Appendix B: Process for selection of crew boats from the 'pool process' - Year on Year Considerations: 2025-2028

**Step 1:** Identify all athletes that are of the required standard to be part of the squad formation.

**Step 2:** Discussion with athletes on all performance opportunities available.

**Step 3:** Is there a crew combination with an established track record where due consideration should be given to keeping that boat together?

**Step 4:** Timeline and process built in partnership with athletes involved.

**Step 5:** Decision making process takes into account information from athletes, coaches and data.

### Processes and Assessment

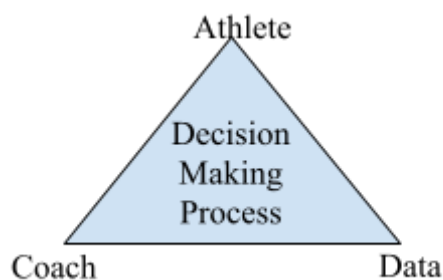
Winter 2024-2025 - Timeline and specific process for boats built in partnership with potential athletes involved, coaches and IP.

#### Athletes identified through selection at the April Regatta into the 'pool'

- K1s only
- 500m or 500m/200m combined OR 200/500/1000m combined

#### 14th April-4th June - Main Crew Boat Development window

- Final confirmation of criteria for each boat - allows for differences between men and women and boat type.
- All decisions will be made by considering relevant data, athlete feedback and coaching (collective) input.



#### Athlete Feedback

- Captured through regular questionnaires
- Notes taken from technical reviews of different combinations

#### Coaches Insight

- Notes captured from technical reviews of different combinations
- Training session combinations captured with rationale for why this was done

#### Data

- Phase analysis - headroom in key areas.
  - SR to Speed
  - DPS
  - Stroke dynamics profiles
  - Peak Speed
  - Drop off first to second 250m

The intent would be to build the majority of evidence through normal training sets with seat racing or head to head racing only being used sparingly and when athletes are in tapered form based on the existing racing schedule.

## Appendix C

<b>Men's Kayak</b>	
Up to 4 entries to the 'pool' will be by the lowest combined 1000m and 500m score.	Each placing has an equal score. E.g., 1st place = 1 point. 2nd place = 2 points.
Up to 6 entries to the 'pool' will be by the lowest combined 500m and 200m score.	
<b>Women's Kayak</b>	
Up to 2 entries to the 'pool' will be by the lowest combined 1000m and 500m score.	Each placing has an equal score. E.g., 1st place = 1 point. 2nd place = 2 points.
Up to 8 entries to the 'pool' will be by the lowest combined 500m and 200m score.	
<b>Men's Canoe</b>	
Up to three entries to the 'pool' will be by the lowest combined 1000m and 500m score.	Each placing has an equal score. E.g., 1st place = 1 point. 2nd place = 2 points.
Up to one entry to the 'pool' will be by the lowest combined 500m and 200m score.	
<b>Women's Canoe</b>	
Up to 4 entries to the 'pool' will be by the lowest combined 500m and 200m score.	Each placing has an equal score. E.g., 1st place = 1 point. 2nd place = 2 points.