

Paddle UK 2025 Paracanoe World Class Programme Qualification Policy

The Paddle UK World Class Programme (WCP) currently has an agreed level of funding from UK Sport until 31st March 2025. The level of UK Sport funding available to Paddle UK for the period 1st April 2025 to 31st March 2029 will not be known until December 2024. At the time of publication in September 2024, the intention of publishing this policy is to openly and transparently share the principles upon which decisions on future programme places will be made so that all athletes know what performance data will be used to assess 2024 athlete performance for the purposes of WCP qualification beyond 1st January 2025. The number of programme athlete places, extent of the WCP staffing and other resources will only be known in late 2024. Therefore, no commitment can be made to any programme other than subject to continued investment from UK Sport, the principles laid out in the policy will be used to determine how athlete performance during the 2024 season is assessed with a view to future medal potential in Los Angeles 2028.

Introduction

The World Class Programme vision is to develop high performing people, paddlers and performers that are capable of exceptional achievements, both as an individual and part of a team. For the 2025 season there will be two complementary policies published which outline the different levels of support provided to athletes who are aiming to develop within Paracanoe.

1. The Paddle UK 2025 Paracanoe World Class Programme Qualification Policy has the objective of selecting athletes to the Paracanoe World Class Programme for the 2025 season. The Paracanoe World Class Programme is there to support athletes deemed to have the greatest future potential to achieve medal winning performances in either LA 2028 or Brisbane 2032.
2. The Paddle UK 2025 Paracanoe Academy Policy has the objective of identifying athletes who are working towards future WCP inclusion. The aim of the Paracanoe Academy is to provide athletes with opportunities to engage in the Para Canoe environment and support their continued development through National based camps, educational workshops, technical support on water, adaptation support and exposure to the wider Para Canoe community of athletes, with the aspiration of preparing athletes to transition into, and thrive in, the World Class Programme (WCP).

The Paddle UK 2025 Paracanoe World Class Programme Qualification Policy has the objective of selecting athletes to the Paracanoe World Class Programme for the 2025 season. The Paracanoe World Class Programme represents one stage of the athlete pathway and athletes should also look to the Paracanoe Academy and to consider which offers are currently most appropriate to support their ongoing development.

1. **Purpose and Principles**

- 1.1. The World Class Programme is UK Sport's National Lottery funded initiative to enable athletes to achieve excellence and be capable of medal winning performances at the L.A. 2028 Olympic Games and significant Senior Championship events.
- 1.2. The 2025 Paracanoe World Class Programme Qualification Policy ("Qualification Policy") sets out the process that will be followed during 2024 to identify the best athletes in each paracanoe discipline and classification towards these objectives and to qualify to the Paddle UK World Class Programme (WCP) from 1 Jan 2025.
- 1.3. This Qualification Policy also sets out how the level of funding provided to athletes qualifying onto the WCP will be determined.
- 1.4. Athlete place decisions will be made on the agreed principles laid out within this Qualification Policy and the final decision will be subjective in nature based on evidence informed insight.
- 1.5. Athletes are assessed for membership of the WCP on an annual basis. During 2025 the WCP will move its programme year from 1st January 2026 start to 1st November 2025 start, therefore subject to the exceptions detailed in 7.1.1 and 7.1.2, an athlete will be offered a WCP Place for a period of up to 10 months and will not be guaranteed membership from one year to the next.
- 1.6. WCP membership is put in place to support an athlete's future performance(s) and is not a reward for past performance(s).
- 1.7. WCP membership is optional. By accepting membership of the WCP and associated APA funding, the athlete is agreeing to the monitoring procedures and conditions outlined in the athlete agreement.
- 1.8. This is not a team selection policy. Paddle UK GBR Team Selection will be determined by the relevant Selection Policies and is separate from WCP membership.
- 1.9. This Qualification Policy is subject to ongoing review and Paddle UK reserves the right to make amendments to reflect arising situations such as restrictions imposed in connection with funding changes and the outcome of the annual investment review with UK Sport.
- 1.10. This Qualification Policy operates in conjunction with all relevant Paddle UK policies including, but not limited to, Pregnancy Policy, Equality Policy, Anti-Doping Policy, Anti Bullying Policy, Transgender Policy, Data Protection Policy, Declaration of Interests and Anti Bribery Policy.
- 1.11. This Qualification Policy operates in conjunction with the UK Sport APA Policy issued 10 March 2021 which is subject to ongoing review.

2. **Eligibility**

- 2.1. To be considered for a WCP place, athletes must:
 - 2.1.1. Meet the Paddle UK eligibility criteria and those of the IPC, the BPA and UK Sport (as appropriate) to represent the British Team at the Paralympic Games including holding a British Passport;
 - 2.1.2. Meet the criteria as set out in [UK Sport's Eligibility and Rules Policy](#) for athletes in receipt of public funding and/or publicly funded benefits;
 - 2.1.3. Be a member of Paddle UK, or one of the National Canoeing Associations in Scotland, Wales or Northern Ireland and remain so during their time on the Programme;
 - 2.1.4. Not be serving a ban from participation in the sport for any reason (such as a result of being found guilty of a doping offence).
 - 2.1.5. Hold a minimum of a Paddle UK National level classification at confirmed (C) Fixed date review (FDR) or review (R) status.
- 2.2. Athletes meeting the eligibility requirements at 2.1 will only then be considered under this Qualification Policy if they:
 - 2.2.1. raced internationally during 2024 for GB Paracanoe Teams and achieved the minimum WCP Qualification result in Paralympic events or identified non-Paralympic events as detailed in the Athlete Matrix at Section 4 below; OR
 - 2.2.2. were a WCP Paracanoe Programme athlete in 2024; OR

- 2.2.3. are one of up to 2 athletes who have not met the criteria at 2.2.1 or 2.2.2 but are identified by the Performance Director at his discretion as having the potential to achieve excellence within the WCP.

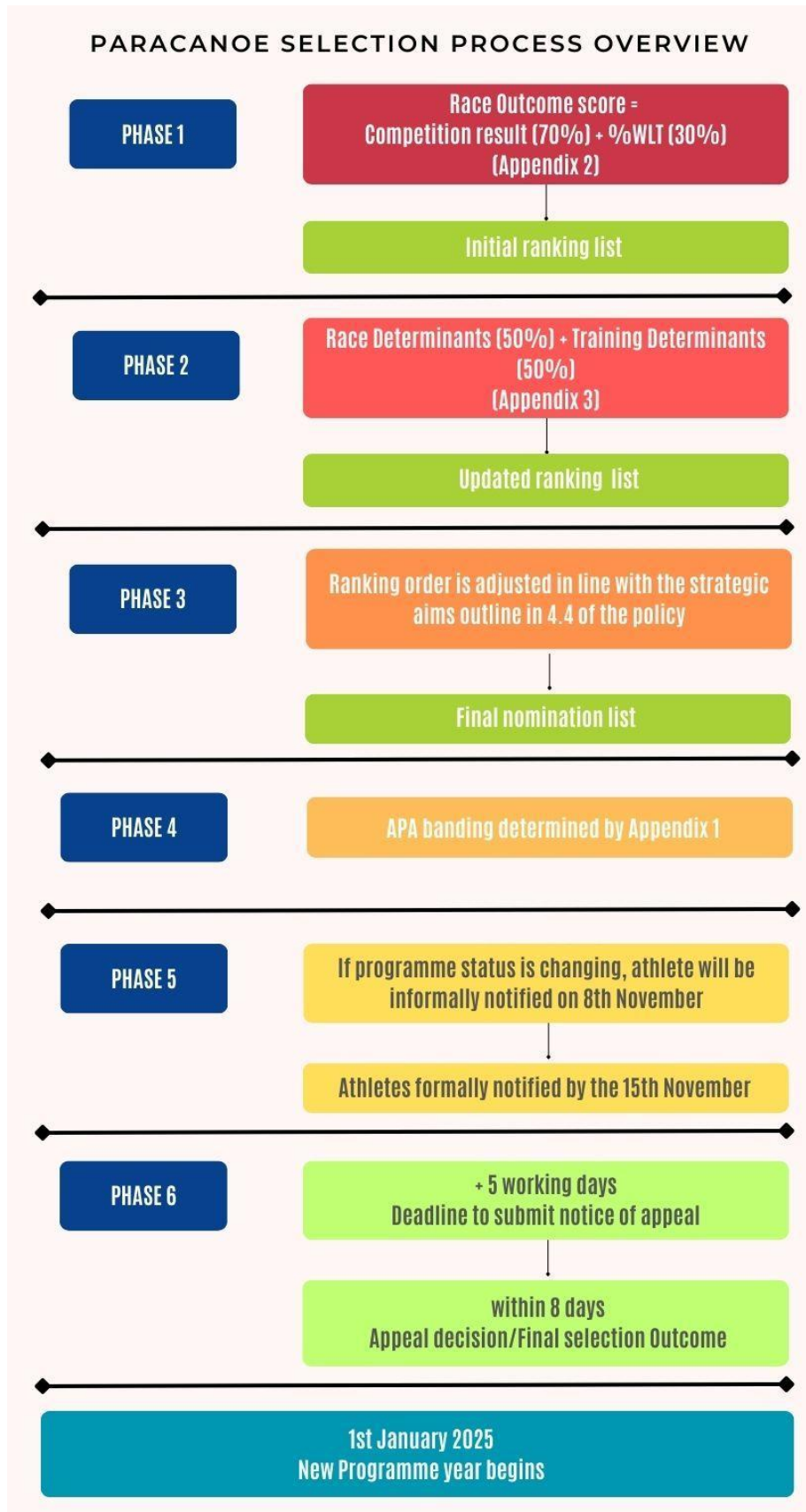
3. WCP Places and Overview of Qualification Criteria

- 3.1. Subject to final confirmation of funding from UK Sport in December 2024 there will be **up to 14** APA places in the Paracanoe WCP split between Podium (A&B APA levels) and Podium Potential (C, D & E APA Levels). The number of athlete places offered under this programme will be influenced by the available places from UK Sport, the ability of the WCP to support and resource the needs of athletes in priority order and the level of athlete performance.
- 3.2. If new WCP places arise during WCP year either as a result of an increase in places or athlete(s) leaving the WCP then the Performance Director may make a recommendation to UK Sport for further athlete nomination(s). Any nominations would be made in line with the spirit of this Qualification Policy.
- 3.3. Athletes selected onto the Paracanoe WCP will be determined through the processes outlined in Section 4 of this Qualification Policy.
- 3.4. The level of APA funding allocated to WCP Athletes will be determined by the provisions outlined in Appendix 1 of this Qualification Policy.

4. WCP Assessment and Nomination Process

- 4.1. Following the end of the season and the completion of all competitions and assessment opportunities, Paddle UK will produce an analysis of all relevant information including Race outcome (as detailed in **Appendix 2**), Race Performance Scores (as detailed in **Appendix 2**), Race Determinants (as detailed in **Appendix 3**), Training determinants (as detailed in **Appendix 3**) and adherence to the WCP athlete responsibilities for all athletes meeting the eligibility criteria at section 2 above (as appropriate).
- 4.2. The World Class Programme Nomination Panel (WCPNP) will consist of the Performance Director, Senior Podium Coach, Head of Performance Support, Programme Pathway Manager, Paracanoe and Operational Lead and one independent member. Each member of the WCPNP will have one vote with the Performance Director chairing the WCPNP and having the casting vote. A member of the Governance Team may attend as a non-voting observer and at the Performance Director's discretion non-voting observers including but not limited to the British Elite Athlete Association (BEAA) and UK Sport may also be invited to attend a meeting of the WCPNP.
- 4.3. Once all information has been gathered as per 4.1, the WCPNP, in consultation with section coaches and relevant senior practitioners, will meet to determine a first filter of all eligible athletes ('Ranking Order'). This initial Ranking Order ensures consideration for a WCP place but is not a guarantee of any offer of a WCP place.
- 4.4. Once an initial ranking list of athletes is compiled, the Athletes with a L.A. 2028 results profile will be reviewed by the WCPNP who then may adjust the Ranking Order to take into account (in no priority order):
 - 4.4.1. The need to ensure strength and depth within each event;
 - 4.4.2. Assessment of each Athlete's *previous performance* against WITTW;
 - 4.4.3. Assessment of each Athlete's *performance trajectory* against WITTW;
 - 4.4.4. How long the athlete has been on the WCP;
 - 4.4.5. The progression in funding band the athlete has made whilst on the WCP;
 - 4.4.6. If the athlete has demonstrated a profile in more than one event (Double up);
 - 4.4.7. The need to balance L.A. 2028 Objectives and Brisbane 2032;
 - 4.4.8. Adherence to any conditions of ongoing funding/WCP place;
 - 4.4.9. Exceptional circumstances accepted pursuant to section 8 of this Qualification Policy.
- 4.5. The final Ranking Order will then be determined by the WCPNP to recommend which athletes should be nominated for a WCP place.
- 4.6. The Director of Paddlesport, on behalf of the Paddle UK Board, will approve the list of athlete nominations to be put forward to UK Sport

4.7. All nominations are subject to final approval from UK Sport and will be communicated to athletes in writing (via email) by Friday 15th November following confirmation from UK Sport.



5. Athlete Performance Award (APA)

5.1. Athletes qualifying and being approved by UK Sport for a WCP place will be entitled to direct funding to contribute to their living and sporting costs (Athlete Performance Award, or ‘APA’).

- 5.2. Athletes will be nominated for APAs at the levels aligned to the bandings set out in **Appendix 1**.
- 5.3. Athletes in receipt of an APA may be encouraged to use some of the APA sporting costs allocation to contribute towards additional programme activity or services beyond the core programme offer.
- 5.4. All APA amounts are subject to UK Sport's ability to pay and the provisions of UK Sport's APA Policy, including means testing.

6. Conditions upon athletes in receipt of UK Sport lottery funding

- 6.1. Qualification and continued retention of a WCP Place is conditional upon the Athlete signing an Athlete Agreement and adhering to its terms. Failure to sign the Athlete Agreement will result in the withdrawal of an Athlete's WCP place. Failure to adhere to the terms of the Athlete Agreement may result in an Athlete being removed from the WCP as further set out in Section 7.
- 6.2. Further detail on the Athlete Agreement and expectations of a WCP athlete can be found on the [Wellbeing pages](#) of the Paddle UK Website.
- 6.3. Any new or returning Athlete nominated for a WCP place for 2025 will be required to undertake a medical screening process prior to final acceptance onto the WCP and will also need to take part in an induction process.

7. WCP Term

- 7.1. Athletes qualifying under this Qualification Policy are entitled to a WCP Place for a period of up to 10 months commencing on 1st January 2025 subject to the following exceptions:
 - 7.1.1. The Performance Director may nominate an athlete achieving a Gold medal at the Paris Paralympic Games to receive the same level APA funding for four years subject to the athlete demonstrating clear and compelling evidence-based performance data indicating World Championship and/or L.A. 2028 results profile and compliance with objectives or actions agreed with the Performance Director.
 - 7.1.2. The Performance Director may nominate an athlete achieving A or B band APA funding through Paris Paralympic Games or World Championship performances to receive the same level APA funding for two years subject to the athlete demonstrating clear and compelling evidence-based performance data indicating World Championship and/or L.A. 2028 results profile and compliance with objectives or actions agreed with the Performance Director.
 - 7.1.3. The Performance Director may nominate an athlete achieving LA Potential APA funding to receive the same level APA funding for up to two years in the first two years of the Olympic Cycle subject to the athlete demonstrating clear and compelling evidence-based performance data indicating World Championship and/or L.A. 2028 results profile and compliance with objectives or actions agreed with the Performance Director.
- 7.2. Paddle UK reserve the right to withdraw an Athletes WCP Place and associated APA funding if any of the following non-exhaustive factors apply:
 - 7.2.1. The Athlete fails to meet the eligibility criteria at section 2 of this Qualification Policy;
 - 7.2.2. A Paddle UK Disciplinary Panel determine the WCP place should be withdrawn in accordance with Paddle UK's Athlete Disciplinary Policy or Safeguarding Procedure;
 - 7.2.3. Specific performance targets provided within the athlete WCP place offer letter are not met by the Athlete;
 - 7.2.4. The Athlete, pursuant to section 9 below, is not considered fit to train and/or compete for a period exceeding three consecutive months or it is considered that continued participation in the WCP would constitute an unacceptable risk of causing injury or illness as assessed by Paddle UK Sports Science and Medicine Staff. In such cases, an athlete would be given at least 3 months' WCP support and funding before their WCP place ended.

- 7.3. WCP Athletes for 2024 who have not qualified for a WCP Place in 2025 under this Qualification Policy or whose WCP place ends for any reason except 7.2.1 or 7.2.2 above, will be communicated with directly by the Pathway Manager or Performance Director and receive a minimum of 1 month APA transitional funding (beginning the 1st of the month following the notification of programme end) and will continue to have access to performance lifestyle support for up to 6 months after their last APA payment. Athletes may also be entitled to additional transitional funding from UK Sport at their APA award level dependent on the total continuous period of programme membership. This additional transitional funding will be provided as follows:
 - 7.3.1. More than 1 year but less than 2 years = 1 month transitional award;
 - 7.3.2. More than 2 years but less than 3 years = 2 months transitional award;
 - 7.3.3. More than 3 years = 3 months transitional award.
- 7.4. Any new athlete entering the programme, will do so as a funded confirmation athlete and will complete a 'probationary period' of up to 2 years prior to full confirmation as an academy athlete.

8. Athlete Programme Breaks

- 8.1. An athlete may request "time away" from their sport.
- 8.2. Typically, athlete programme breaks will be undertaken in the first two years of a cycle (typically four years).
- 8.3. In the event of an athlete taking a programme break, the APA can continue to be received for a maximum of 12 months. For breaks of up to 6 months, the athlete will receive their full APA (subject to means testing) from the point the break is agreed with the Performance Director. For requests of between 7 and 12 months, the athlete will receive 50% of their APA.
- 8.4. Each case will be considered on its own merit, reflecting on but not be limited to the following criteria:
 - 8.4.1. The athlete's performance trajectory and selection expectations, considering any impact on World rankings, qualification (should the request be made in cycle), and any other considerations that might materially impact on the athlete's ability to meet agreed Games targets. Athletes should acknowledge the impact this may have on the APA nominated for at the formal athlete review.
 - 8.4.2. A strong performance rationale for the break.
 - 8.4.3. An agreed fitness programme being in place, ensuring an appropriate level of fitness is retained to enable a smooth transition back into the programme at a mutually agreed time.
 - 8.4.4. Touch points with the programme being agreed.
- 8.5. Upon agreement of a programme break, the athlete will need to be renominated for an APA on the Athlete Nomination Portal, up to a maximum 6 months. At 6 months, an athlete review will be conducted, and a renomination is required.

For programme breaks of less than 3 months, nominations are not required.

- 8.6. Continued access to the APA post programme break will be dependent on:
 - 8.6.1. The athlete's intention to return to the sport and the programme being discussed and confirmed no later than one month before the programme break end date.
 - 8.6.2. At the point where the intention of the athlete is clear, forming a mutually agreed plan/timetable for return to training and competition.
 - 8.6.3. Monitoring, reviewing and confirming that the athlete has made the necessary commitment to this plan and is on track to return.
- 8.7. If the level of commitment and or progress against this plan are not demonstrated, the athlete would be given notice and offered a period of transition before the APA funding stops (see Athletes Leaving the Programme).
- 8.8. An athlete may request "time away" from their sport only once in an Olympic or Paralympic cycle (typically four years).

9. Exceptional Circumstances

- 9.1. It is recognised that there may be exceptional circumstances affecting an athlete's ability to meet the qualification requirements set out within this policy yet they can still demonstrate, in both training and racing, an evidence-based performance profile towards L.A. 2028.
- 9.2. If an athlete considers they have a case for exceptional circumstances they must apply for consideration of these in writing to the Performance Director setting out:
 - 9.2.1. Full details of the exceptional circumstance(s);
 - 9.2.2. The impact during the season;
 - 9.2.3. How the circumstances were raised and managed with their coach during 2024;
 - 9.2.4. How the athlete demonstrates an evidence based performance profile towards L.A. 2028; and
 - 9.2.5. Provide any supportive evidence (which may include medical evidence or performance data).
- 9.3. Any application for consideration under this clause MUST be received by email to the Performance Director chris.furber@paddleuk.org.uk by midday on 28th October 2024.
- 9.4. Any request for exceptional circumstances will be considered by the Performance Director at their absolute discretion. If the Performance Director considers exceptional circumstances to apply, this will be considered by the WCPNP in the Ranking Order adjustment process in accordance with 4.4.

10. Long term injury and illness (Physical and Mental) and athlete pregnancy

- 10.1. In the event of injury/illness (both physical and mental), and specifically in cases where an athlete is considered likely to recover to full fitness for training and competition, an athlete may continue to receive their full APA up to three months from the point the injury/illness occurred.
- 10.2. If after a period of three months the athlete remains unavailable for full selection or training the Performance Director, Senior Podium Coach, Head of Performance Support and CMO will review the athlete's case and assess the likelihood of the athlete returning to full training and to the desired level of performance. They will also consider the athletes adherence to prescribed rehabilitation and timelines for projected return.
- 10.3. Each case will be considered on its own merits and further expert opinion may be sought to inform the decision. The athlete's progress will need to be reported to UK Sport every 3 months thereafter, until the athlete has resumed full training the WCP membership ends.
- 10.4. Subject to satisfactory evidence of likely return to training and performance level, the APA may continue to be paid for up to a period of one year from initial occurrence. The final decision to continue funding will be made by the Performance Director at their absolute discretion.
- 10.5. Where there is informed opinion that the injury/illness will affect the performance level of the athlete or the athlete has not been able to show progress nor commitment to the agreed rehab programme, the athletes WCP membership will end following a notice transition period which will be communicated by the Performance Director.
- 10.6. In the case of an athlete pregnancy, we will follow the [UK Sport pregnancy Guidance](#). Athletes in receipt of APA funding will remain eligible to access their full APA (subject to means testing) for the duration of the pregnancy at the APA level they were on at the time of becoming pregnant and for up to nine months post childbirth. Continued access to the APA post childbirth will be dependent on:
 - 10.6.1. The athlete's intention to return to the sport and the programme being discussed and confirmed no later than six months post childbirth
 - 10.6.2. At the point where the intention of the athlete is clear, forming a mutually agreed plan/timetable for return to training and competition – this plan will acknowledge the athlete's experience of pregnancy, the impact on them physically and mentally and the nature of the event they are returning to

- 10.6.3. Monitoring, reviewing and confirming that the athlete has made the necessary commitment to this plan and is on track to return.
- 10.6.4. If the level of commitment and or progress against this plan are not demonstrated, the athlete would be given notice and offered a period of transition before the APA funding stops (see athletes Leaving the Programme).
- 10.6.5. At nine months post childbirth the potential of the athlete will be assessed and confirmed to UK Sport in order to continue to access the APA. This assessment will indicate the athlete's future medal potential and not necessarily performance outcomes.
- 10.6.6. An athlete who announces retirement from their sport during pregnancy or in the initial six months post childbirth, will not be given a further period of notice before the APA terminates.
- 10.7. In the event of complications either during the pregnancy or post childbirth, this policy will be flexed as is reasonable to accommodate these circumstances on a case-by-case basis.

11. The Appeals Procedure

- 11.1. In the event of an athlete wishing to Appeal against a decision under this policy (except there is no right of appeal to clause 8.4), they may appeal in accordance with the Appeals Procedure in place at the relevant time. The Appeals Procedure can be found [here](#).
- 11.2. The British Elite Athlete Association (BEAA) can provide independent advice and support to WCP Athletes via support@britisheliteathletes.org.
- 11.3. Athletes who have questions regarding the decision may also access support either through the Performance Director or athletes may also access support through the Paddle UK Governance Team appeals@paddleuk.org.uk

- End of policy -

APPENDIX 1 – ATHLETE MATRIX (to be applied only after the completion of the assessment process in section 4)

2024 Season	Result	Additional Criteria/Notes	APA Band	APA Award Level
Podium	Paralympic or Paracanoe Senior World Championship Gold	Achieved more than once across two consecutive seasons from 01.01.2023	A+	£28K
	Paralympic or Paracanoe Senior World Championship Gold		A	£26.5K
	Paralympic or Paracanoe Senior World Championship Silver or Bronze	Achieved more than once across two consecutive seasons from 01.01.2023	B+	£23K
	Paralympic or Paracanoe Senior World Championship Silver or Bronze		B	£21.5K
	A 2024 WCP Podium athlete without a Podium Level competition result in the 2024 season.	Must have a demonstratable trajectory towards medal success in LA based on APA nomination criteria.	LA Potential	£19K
Podium Potential	Top 9 Paralympic Games Top 6 Paracanoe European Championships		C	£16K
	Top 12 Paralympic Games Top 9 European Championships		D	£13K
	N/A	All athletes enter the WCP at E Level regardless of results/rankings. Confirmation period can be up to two years.	E	£7.5K
<p style="text-align: center;">Continuity of Funding:</p> <p>Paralympic Gold medalists with a strong LA trajectory may be eligible to up to four years funding subject to meeting the criteria set out in Section 7.1.1. of the Paddle UK Paracanoe World Class Programme Qualification Policy.</p> <p>All A, B level athletes with a strong LA trajectory may be eligible for two years funding subject to meeting the criteria set out in Section 7.1.2. of the Paddle UK Paracanoe World Class Programme Qualification Policy.</p> <p>LA Potential awards are normally made for no more than one year, however, may be extended in the first year of a new funding cycle to recognise an athlete’s developmental requirements during this period subject to meeting the criteria set out in Section 7.1.3. of the Paddle UK Paracanoe World Class Programme Qualification Policy.</p>				

APPENDIX 2 - PHASE 1: RACE OUTCOME SCORE

Race outcome is calculated by combining your best competition results (70%) and your %WLT (30%). Looking at these components allows us to understand your current performance level and your trajectory in your events.

Your **competition result** will be given a ranking score as outlined in **Table 1**.

Table 1: Ranking scores of competition result for 2024

Ranking score	Priority
10	Gold Medallist: Paralympic Games
9.5	Gold Medallist: Paracanoe World Championships
9	Silver or Bronze Medallist: Paralympic Games
8.5	Silver or Bronze Medallist: Paracanoe World Championships
8	4-6 th : Paracanoe World Championships
7.5	4-6 th : Paralympic Games
7	Medallist Top 3: Paracanoe European Championships and World Cup *
6	7 th – 9 th : Paracanoe World Championships
5	7 th - 9 th : Paralympic Games
4	4 th – 6 th : Paracanoe European Championships or Paracanoe World Cup*
3	10 th – 12 th : Paracanoe World Championships
2	7 th – 9 th : Paracanoe European Championships or Paracanoe World Cup*
1	Medallist (Non-Paralympic): Paracanoe World Championships

**Dependent on the strength in start line competition at European Championships and World Cup.*

Your **%WLT** is what percentage you are away from the World Leading Time. This is worked out by using your best (quickest) race result from national races, international races or GPS race practices on a regatta course*, and comparing it to the defined WLT in **table 2**, for each event. Once you have a %WLT, the ranking system in **table 3** will be used to give you a score.

**as long as they have not been completed in extreme environmental conditions (such as wind speeds < 4.5 m/s).*

Table 2: Current WLT for each

Event	WLT
KL3 M	39.04
KL2 M	41.78
KL1 M	46.38
KL3 W	47.36
KL2 W	48.56
KL1 W	53.15
VL3 M	47.76
VL2 M	52.52
VL3 W	58.73
VL2 W	57.77

Table 3: Race Performance off WLT ranking

Ranking Score	Standard	% off WLT
10	World Leading Time	100%
9		103%
8		106%
7	Team selection time	109%
6		110%
5		112.5%
4	Dev. team selection time	115%
3		117.5%
2		120%
1	National Regatta Qualification Time	125%

APPENDIX 3 - PHASE 2: RACING AND TRAINING DETERMINANTS SCORES

Race determinants (50%) are the underpinning components that, as defined in the WITTW framework, influence race outcome and includes technical efficiency (25%), physical abilities (25%), race delivery (25%) and Race Performance (25%)

Training determinants (50%) are underpinning components that influence the ability to train for potential race performance and includes Classification (20%) Technical efficiency (20%), physical qualities (20%), person/athlete qualities (20%) and availability (20%).

World Class Programme athletes will regularly review and evaluate these determinants as part of the gap analysis process that aligns to the WITTW framework. The WITTW framework information is available on request.

Para Academy athletes will have had relevant information gathered whilst on camps or during competitions.

		Determinant	What?	How?	Scoring
100%	Race Determinants (50%)	Technical Efficiency (25%)	Execution of the British Paracanoe technical model under race constraints.	A score out of 10 is given for specific elements of the 4 phases of the stroke (Set up, Lock the Blade, Drive Phase, Exit). These are added together to come out with a score of maximum 40 points which is then transferred to the 1-10 scale.	Table 5
		Physical Abilities (25%)	Understand the athlete ability to display race specific physical qualities over key phases: Start Ability to produce high propulsive forces Top Speed Effect transfer of power and coordination Speed Maintenance Resist fatigue and repeat forceful actions	Categorizing % from WITTW parameters within each phase (Phase 1 - 40m time: Phase 2 – 100m time: Phase 3 – 250m Time) Best score. Scores are then averaged together to get a score out of 10.	Table 5
		Race Delivery (25%)	Ability to consistently deliver agreed race plan. This is influenced by the following factors: Plan, Belief, Automaticity, Threat Perception, Emotional Regulation, and Hesitation Protection.	Components of delivery: The Athlete, and Coach individually score the 6 factors of race delivery. Discussion of the scores, with examples given, to reach agreement on a score (where there is disagreement scores between stakeholders are averaged).	Table 5
		Race Performance (25%)	The athletes race time against the World Lead Time. Personal best time for that season. Given with context of the components that make up the race as described in the three-phase model.	Season Personal Best. Displayed alongside percentage of World Lead Time.	Table 6

Training Determinants (50%)	Classification (20%)	Assessment of certainty of classification needed to race internationally and at the Paralympic Games.	As part of the classification process the athlete will move through several different levels of classification e.g., national/international. As part of the process the athlete, depending on their impairment, will be given a status e.g., fixed or reviewed. Therefore, this element indicates at which level the athlete is at, the more certain the classification the greater the score. Two components: Classification status (confirmed or fixed review) Type of classification (National or international)	Table 7
	Technical Efficiency (20%)	Execution of the British Paracanoe technical model under race at submaximal effort in a training environment.	A score out of 10 is given for specific elements of the 4 phases of the stroke (Set up, Lock the Blade, Drive Phase, Exit). These are added together to come out with a score of maximum 40 points which is transferred to a 1-10 scale.	Table 5
	Physical Qualities (20%)	Underpinning physical qualities. Neuromuscular and physiological characteristics of canoeing.	Each individual quality is given a score as above. The Total Score= Average (Capacity + Overall Strength) Where: Average= 3RM Bench Press + 3RM Bench Pull + 3RM Chin-Up + PSET + CKUET + Plank + Press Up capacity+ Chin-Up capacity/ Number of Assessments. For further context, each element (strength/ Overall Capacity) is presented as a score combine of those assessments. However, all elements have equal rating in overall total.	Table 6
	Person/Athlete Qualities (20%)	Defines the key athlete qualities of elite performance using the winning habits framework (Drive; Skills in the moment; Skills to develop; Working with others) and broader qualities of lifestyle which can influence training and racing).	Scores agreed by coach and psych/PL based on the four main qualities of the Winning habits framework as well as broader qualities of lifestyle. Athletes will have the opportunity to discuss where they disagree, ahead of the programme qualification meeting	Table 5 Table 9
	Availability (20%)	Missed days from illness and injury compared to planned	Medical PDMS Data.	Table 8

			sessions. Partial days will be viewed as available.		
--	--	--	---	--	--

For each determinant you will be given a score between 1 - 10:

Table 5

Score	Determinant
10	Truly world-class at this skill or quality
9	
8	Well honed, at the level at which you need and are consistently able to use it for your benefit
7	
6	Basic skill or quality or aspects of it, but is inconsistent or incomplete in its application
5	
4	
3	
2	Not seen this skill or quality currently
1	

Table 6

Score	% off WLT
10	100% (WLT)
9	103%
8	106%
7	109%
6	110%
5	112.5%
4	115%
3	117.5%
2	120%
1	125%

Table 7

Score	Classification Status
10	International classified, confirmed
9	
8	International classified, fixed review
7	International classified review
6	
5	National classified confirmed
4	National classified fixed review
3	
2	Informal Medical Practitioner Opinion
1	No Classification

Table 8

Score	Availability
10	90% - 100% availability
9	
8	80% - 89% availability
7	
6	60% - 79% availability
5	
4	
3	
2	50% - 59% availability
1	Less than 50% availability

Table 9

Score	Person Qualities
10	Maximising positive impact on training/competing/life outside sport
9	
8	Moderate positive impact on training/competing/life outside sport
7	
6	Minimal positive impact on training/competing/life outside sport
5	
4	Moderate positive impact on training/competing/life outside sport
3	
2	Significant negative impact on training/competing/life outside sport
1	